



LENISE MAZYCK

Speaker Kit

THERAPIST-NEURODIVERGENT CONVERSATION STARTER- SPEAKER

2025

THERAPIST NEURODIVERGENT CONVERSATION STARTER SPEAKER

About Lenise

Lenise Mazyck, MSW, LCSW is a highly-rated speaker with 8+ years of experience as a Mental Health Therapist and group facilitator. Lenise is the Therapist-Owner of Roots to Results Counseling, a therapy practice centered around providing therapy for people of color experiencing life challenges.

Speaking Topics

- Fostering Resilience: Overcoming Workplace Challenges and Beyond
- Navigating Self-Care in the Workplace
- Empowering Neurodiverse Talent in Your Team
- Keep On Movin': The Psychology of an entrepreneur
- Prevention In Practice: Self Care versus After Care
- Navigating Foster and Biological Parent Relationships
- Find your dreams come true: Navigating life as a neurodivergent adult



Starting Rates

Guest Lectures

Starts at \$1000

Keynote Address

Starts at \$3000

Training and Workshops

Starts at \$1500

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COLLABORATIONS

